

Year 7 to 11 Curriculum Map Subject: PSHE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7 (All students)	Settling in Friendships	Emotional health Personal Hygiene	E- Safety	Sex Education	Self Esteem	Healthy Eating Smoking
8 (All students)	Target Setting Role Models	Strength and weaknesses.	Body Image Healthy eating	Sex Education	E-Safety	Drugs Self Esteem
9	Targets Future self	Friendships and positive relationships	Body Image and the media.	Sex Education.	Healthy Diet	Drugs and Alcohol E-Safety
10	Interpersonal skills Strength and Weaknesses	Time management. Self-confidence.	Healthy Eating	Sex Education	Drugs and Alcohol E-Safety. Body Image.	Cancer. Smoking. LGBT. Positive relationships.
11	Careers			L8R Programme.	Revision.	