



HEADTEACHER'S MESSAGE



This half-term has flown by! I continue to be impressed with how well the vast majority of students are embracing their education and how well focussed they continue to be in class. It was with huge relief that I saw the data related to positive cases of Coronavirus this week had significantly improved, which meant we could relax the safety measures in school.

It is fair to say that we have experienced significant disruption because of the virus this half-term, with over a third of all students having been absent from school following a positive test. I really hope that we are through the worst of it now at TLA and that we can all enjoy a return to more normal school life.

Two weeks ago, we welcomed five colleagues from the Sigma Trust to review our provision; two of these colleagues are current Ofsted Inspectors and so the level of expertise within the team of reviewers was very high. Overwhelmingly the feedback about their observations was incredibly positive. They were very positive about the strong relationships between our staff and students, the high levels of engagement they saw in the lessons and how mature our students were who they met.

I must share some sad news, that Mrs Lane, who is TLA's Head of RE, is retiring from teaching. Mrs Lane's final day in school will be Friday 11 February and this marks over 20 years working at the school, teaching and supporting our young people. On behalf of everybody at TLA, I would like to sincerely thank Mrs Lane for everything she has done for our school and to wish her a very happy and healthy retirement. Miss Jones will take over from Mrs Lane after the half-term break.

I would like to thank all staff for their hard work and dedication again this half term and to also wish you and all of your family a nice half-term break.

Mr S Essex
Headteacher

MOBILE PHONE REMINDER

In order to comply with Government guidance pertaining to Keeping Children Safe in Education, and due an increase in use of mobile phones around the school, we will be returning to a process whereby phones will be confiscated from a student, if they are being used around the school at break and lunch, or between lessons. This is to safeguard all students and is in accordance with the school's behaviour policy, which states that phones should be switched off and placed in students' bags.

Confiscated phones will be placed in a named, protective envelope and stored securely at the main reception, and can be collected by the student at the end of the school day. If there are repeat incidents of confiscation or refusal to follow the reasonable request of staff, the relevant Year Team will contact home to discuss next steps.

Within lessons, the use of mobile phones is not allowed. If a student is seen using their phone in class, then the member of staff will follow the consequence system.

If there is a situation where a parent/guardian needs to contact a child urgently, then this contact should be made to the main reception in the first instance. If a student needs to contact a parent, then this should be done through the Year Office or Student Reception.

Please can I ask for your support in this matter.

Mr Muir,
Assistant Headteacher

E SAFETY

As a parent or carer you play a key role in helping your child to stay safe online.

You needn't be an expert on the internet to help keep your child safe online. Advice and resources are available to support you as you support your child to use the Internet safely, responsibly and positively.

For information regarding specific online communication platforms and social media to support conversations with your child explore:

<https://www.internetmatters.org>

The logo for Internet Matters, featuring the text "internet matters.org" in white on a green background. The word "internet" is in a smaller font above "matters", which is in a larger font, and ".org" is to the right of "matters".

internet
matters.org

CONTACT

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CHILDREN'S MENTAL HEALTH WEEK

What is Children's Mental Health Week?

Children's mental health charity Place2Be has set up Children's Mental Health Week 2022 to highlight the importance of mental health for children and young people.



We all have mental health. Some people may have mental health problems. In fact, up to 1 in 4 of us will experience mental health problems at some time in our lives. During Children's Mental Health Week 2022, we can take some time to focus on mental health. Encourage children to think about how they can best look after their own mental health and how they can support family or friends with their mental health too.

When does Children's Mental Health Week 2022 take place?

Children's Mental Health Week 2022 will take place from February 7th to February 13th. Schools, youth groups, various organisations and individuals across the UK will be taking part.

What is the theme for Children's Mental Health Week 2022?

Each year there is a different theme for Children's Mental Health Week. This year, the theme for Children's Mental Health Week 2022 is 'Growing Together'. We can ask children how they feel they've grown so far and how else they'd like to grow in the future. This is an opportunity for children to reflect on their growth and be proud of themselves for it. It's also great for us to praise children on how they've grown too! Set some time aside for children to think about what skills they'd develop, what personal qualities they'd like to cultivate and what goals they'd like to achieve in the coming year. This will help them become even more inspired and motivated to grow! We can also focus on ways that we can all grow together, through taking time to reflect on how we can all support others with their growth. Children can think of ideas and ways to encourage their friends and family to grow along with them, and how they can all support each other with their goals.

What you can do to get involved or seek help.

Student leaders are running 'drop in' lunches for any student who needs to talk to someone. The Mental Health concern box with concern forms is now located in the library.

Many thanks for your support around raising awareness of Mental health and LGBTQ+.

Make sure you make time for your own mental health this week!

DATES FOR THE DIARY

Non Pupil Day
21st February

Wednesday 2nd March:
Year 11 Parents Evening

CLUBS TIMETABLE		
	Before School / Lunch Time	After School
Monday	<p>Before School:</p> <p>Fitness Club / Boxing Club 07:30 - 08:00</p> <p>Lunch Time:</p> <p>Multi Sports Club</p>	<p>Rugby Club Lower Field 15:15 - 16:15</p> <p>Drone Club D4 15:10 - 16:00</p> <p>Music Tech Club MU1 15:10 - 16:10</p> <p>Fitness Club</p> <p>English P6 - Year 11 C12</p>
Tuesday	<p>Lunch Time:</p> <p>Drama Club - Years 10 -11 Drama Studio</p> <p>Girls Basketball Sports Hall</p>	See everyday clubs
Wednesday	<p>Before School:</p> <p>Fitness Club / Boxing Club 07:30 - 08:00</p> <p>Lunch Time:</p> <p>Creative Writing - Years 7-9 CO3</p> <p>Girls Basketball Sports Hall</p> <p>Maths Club - Years 7-8 D3</p>	<p>Maths P6 - Year 11 With individual Maths teachers</p> <p>Football Club - Year 7 - 8 Sports Hall 15:15 - 16:15</p> <p>Rock School MU1 15:10 - 16:10</p> <p>STEM Club E01 15:15 - 16:15</p> <p>Musical Club Drama Studio</p> <p>Netball Club</p>

CLUBS TIMETABLE CONTINUED		
	Before School / Lunch Time	After School
Thursday	<p>Lunch Time:</p> <p>Boys Basketball Club Sports Hall</p> <p>Ukulele Club MU1</p> <p>Boys Basketball / Multi Sports Club Year 8 - 9</p> <p>Drama Club - Years 7 -9</p>	<p>Football Club - Year 9 Sports Hall 15:15 - 16:15</p> <p>Textiles Club - Year 8 & 9 F4 15:15 - 16:15</p> <p>Art Club A1 15:10 - 16:10</p>
Friday	<p>Before School:</p> <p>Fitness Club / Boxing Club 07:30 - 08:00</p> <p>Lunch Time:</p> <p>Choir MU1</p> <p>Chess Club C12</p> <p>Tech Club - Years 7-9 F2</p> <p>Fitness Club - Year 11</p> <p>Textiles Club - Year 7 F4</p>	<p>Football Club - Year 9 Sports Hall 15:15 - 16:15</p>
Every Day	<p>Lunch Time:</p> <p>Film and Pokemon Club D4</p> <p>Homework Club C14</p> <p>Ozone Club E03</p>	<p>Homework Club Library 15:10 - 16:00</p>

CATERING - Week Beginning 21st February				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger <i>(Wheat Gluten Milk)</i>	Fresh Chicken Pie <i>(Wheat Milk Gluten)</i>	Roast of the Day	Sausage Roll <i>(Gluten Soya Wheat Egg)</i>	Fish n Batter <i>(Fish Milk Gluten)</i>
Lasagne V <i>(Wheat Gluten Barley Soya Gluten)</i>	Quiche V <i>(Wheat , Gluten Egg, Milk)</i>	Roast Potatoes	Baked Fresh Cajun Wedges <i>(Celery Gluten Wheat)</i>	Chips
Baked Fresh Potato Wedges	Creamed Potatoes <i>(Milk)</i>	Peas	Baked Beans	Vegan Nuggets <i>(Wheat Soya)</i>
Sweetcorn	Carrots	Lentil Curry V <i>(Wheat Gluten Milk)</i>	Macaroni Cheese <i>(Milk Wheat Gluten)</i>	Assorted Paninis
Assorted Paninis	Assorted Paninis	Donuts <i>(Wheat Gluten Soya Sesame Milk)</i>	Assorted Paninis	Pasta Pots
Pasta Pots	Pasta Pots	Assorted Paninis	Pasta Pot	Baked Potato & Beans
Baked Potato & Beans	Baked Potato & Beans	Pasta Pots	Baked Potato & Beans	Fruit bags
Fruit bags	Fruit bags	Baked Potato & Beans	Fruit bags	
		Beans		
		Fruit bags		

CATERING - Week Beginning 28th February				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Battered Chicken Burger <i>(Wheat Gluten Celery)</i>	Sweet & Sour Chicken with Brown Rice	Roast of the Day	Cottage Pie <i>(Soya Barley Wheat Milk Gluten)</i>	Chicken Nuggets <i>(Wheat Egg Milk Gluten)</i>
Tomato Pasta Bake <i>(Wheat Gluten)</i>	Spaghetti	Roast Potatoes	Lyonnaise Potatoes	Chips
Wedges	Bolognese V <i>(Egg Wheat Barley Gluten)</i>	Carrots	Sweetcorn	Peas
Steamed Sweet Corn	Peas	Hotdog in a Roll (V) <i>(Egg Gluten Wheat Soybeans)</i>	Quorn Chilli & Rice <i>(Wheat Soya Egg Gluten)</i>	Vegetable Bake <i>(Gluten Milk Wheat Egg)</i>
Assorted Paninis	Assorted Paninis	Donuts	Assorted Paninis	Assorted Paninis
Pasta Pots	Pasta Pots	Assorted Paninis	Pasta Pots	Pasta Pots
Baked Potato & Beans	Baked Potato & Beans	Pasta Pots	Baked Potato & Beans	Baked Potato & Beans
Fruit bags	Fruit bags	Baked Potato & Beans	Fruit bags	Fruit bags
		Fruit bags		