



# PSHE

## Our intent

The PSHE curriculum aims to develop students' knowledge and understanding of how to live in the wider world.

We equip students with the skills to be able to make decisions which would benefit their future and to identify risky behaviours, being able to guide them to make the right choices when faced with difficult situations.

Pupils who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships.



## Our 'why'

PSHE is such a crucial element of the curriculum as it teaches the students not only how to make right decisions for themselves but also develops positive personal well-being and builds emotional resilience.

Students learn a range of skills while studying PSHE, these include planning and organisational skills, teamwork and leadership, public speaking, problem solving, creativity and innovation thinking plus decision making.

All of the skills and elements of the curriculum builds to support students in successfully managing life post secondary school.

*“We equip students with the skills to be able to make decisions which would benefit their future.”*

*“We include discussion, group and individual work, as well as imaginative and written tasks, ensure all skills are developed.”*

## Our 'how'

PSHE education is taught through a spiral programme, where we revisit concepts and topic areas, each time extending knowledge, deepening understanding and developing skills. The curriculum has been structured to follow 3 key topic, Living in the Wider World, Health and Well-Being and Relationship and Sex Education

There are a range of activities planned into the scheme of learning; we include discussion, group and individual work, as well as imaginative and written tasks, ensure all skills are developed.