



Thomas Lord Audley School

PSHE Department

Curriculum Overview

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Transitioning into secondary school Puberty	Positive Well-Being County Line	Healthy Relationships	Social Media and Mental Health	Time Management and Social Media
Autumn 2	Getting to know people FGM	Body Image	Self Esteem	Sexual Health	Exam Stress
Spring 1	Managing Friendships County Lines	Healthy Relationships	Contraception	Relationships	Drugs Education
Spring 2	Self Esteem	Substance misuse	Drugs and Alcohol	Emotional Well-Being	RSE
Summer 1	All about me	RSE	RSE	Healthy Life Styles	
Summer 2	Drugs Education	LGBTQ+	Emotional Well -Being	Drugs and Alcohol	